



COMMUNITY CONNECTION

AUGUST 2011 A Publication of the South Nutana Park Community Association
www.snPCA.ca

From the President | Elizabeth Ford

Before the back-to-school shift is in full throttle, mark your calendars for the **Fall Registration Night** and your chance to sign up for our excellent programs! We offer a variety of activities for children and adults alike; please have a look inside for details.

For the year ahead, in addition to programs, we are seeking a collective of residents that may be interested in a **Community Garden**. Having a critical mass of interested people is key to our application process with the City. We need to have interested residents come forward for this project to become a reality, so if this interests you, please contact the council as soon as possible. We will also have an information table and sign up at our fall registration.



We are starting early in planning our 5th Annual Winter Carnival. It may sound a long way away, but planning does begin in October, and more organisers are always welcome. We are seeking individuals who are able to play a pivotal role in the success of the Carnival. If you have attended and enjoyed it in the past, consider helping plan this fantastic community event!

For those of you who missed our AGM in June, I would like to welcome back many returning council members (THANK YOU!) who offer their volunteerism for another fun year ahead. We have had a few proposed changes to our bylaws as well, details inside. And on a council note, **a number of positions will be coming open on the board next spring**. With any council, it is ideal to transition as many roles as possible by mentoring for a year before the departing volunteer's tenure is complete. If you have ever considered the value of community volunteerism, **we need you now**, come to our fall meeting and see how you can help!

As I strongly believe, **Your Community is Worth Your Time!!!**

HELP WANTED | Vice President

Responsibilities:

- ~ Act as President-in-Training, becoming familiar with other Executive positions and their duties ~ not as daunting as it may sound!
- ~ Act on behalf of the President in their absence
- ~ Participate in the organization of community projects, including the SNPCA Winter Carnival, and in support of the Social Coordinator
- ~ Become familiar with community grant applications

Time Commitment: Moderate

If you like planning, the big picture, communications & are enthusiastic about your community, please let us know!

Our future awaits you!

FALL PROGRAM REGISTRATION DATES

**FLAG FOOTBALL:
Monday, August 29**

**ALL OTHER SNPCA
FALL PROGRAMS:
Tuesday,
September 13**

Details inside

Advertising with the Community Connection

SNPCA Community Connection is delivered to approximately 1100 homes in the SNP neighbourhood, as well as posted on our website. To advertise please contact:

Community Connection

Yvonne Denomy, Editor

E-mail:

snPCA.newsletter@gmail.com

Website: www.snPCA.ca

**SNPCA Mailing Address:
Box 23043 Market Mall RPO
2325 Preston Avenue S7J 5H3**

Deadline for submissions to next newsletter is November 1, 2011.

Programs Connection | Community Programs

**Registration for all indoor programs including Basketball and Indoor Soccer:
Tuesday, September 13, 6:30-8:00PM, Prince Philip School Gym**

Gentle Tai Chi

This gentle Tai-Chi based exercise class for adults 50 years and older will incorporate simple relaxation and breathing techniques to help promote well-being.

Mondays, Sept. 26- Nov. 28

5:00-6:00PM

Nutana Mennonite Church

Cost: \$10.00

Yoga

A 1.5 hour class utilizing a variety of the more than 500 Yoga poses available!! Class is taught with modification as an all-level class so everyone will find their own "Yoga". Benefits include muscle strengthening, flexibility and relaxation!

Mondays, Sept. 26- Nov.28

7:00-8:30PM

Ecole Canadienne- Francaise

Cost: \$50.00

Pilates

Charlotte Goertzen teaches Pilates from beginner to advanced in a one hour mat format utilizing resistance bands. Pilates focuses on core muscle development and injury recuperative exercises. Bring a mat, water bottle, and towel.

Tuesdays, Sept. 27- Nov. 29

6:00-7:00PM

Prince Philip School gym

Cost: \$50.00

Belly Dancing

This Belly dance for fun and fitness class with Gina DiPaolo will include a warm-up, skills building, basic belly dance techniques and combinations. All this and have a lot of fun!

Thursdays, Sept.29-Dec.1

8:30-9:30PM

Ecole Canadienne-Francaise (Theatre Room)

Cost: \$50.00

Sport ABC's

A chance for 4 and 5 years olds to be active and have some fun while learning age appropriate game/sport fundamentals. Parent involvement welcome.

Wednesdays, Sept. 28-Nov. 16

6:15-7:00PM

Prince Philip School Gym

Cost: \$15.00

COST AS A BARRIER

Do you know a person who would love to play a sport or take a course but is unable to afford the cost? WE CAN HELP!

The SNPCA is very concerned about a person (young or old) being excluded from a program because of money concerns. We are more than willing to be of assistance in a very confidential manner. If you or someone you know is not participating due to program costs, please call any member of the Executive.

INDOOR SOCCER

Games this season run from October 22nd to March 17th, 2012. Games are once per week, coach will determine practice times. Please bring a \$25 jersey deposit (cheque made out to SNPCA, post-dated April 15, 2012). For more information email immcgettigan@yahoo.ca. If you cannot make registration, please contact in advance. Late fee (\$10) will apply.

DIVISON	YEAR OF BIRTH	COST	GAMES LOCATION	Game Days
Under 6	2006 or later	\$45	Elementary School Gyms	6pm / 7pm start, Weekdays (TBA)
Under 8	2004/2005	\$65	Sasktel Sports Centre	Sat. and/or Sun.
Under 10	2002/2003	\$170	Saskatoon Kinsmen Henk/Ruys Centre	Monday or Thursday 5:15pm to 8:15pm start times

FALL 7 ON 7 FLAG FOOTBALL

Do you tend to look like this guy during the Saskatchewan Roughrider football season? If so, then you need to get off the couch and play 7 on 7 flag football this fall!



We had 80 kids play spring flag football with South Nutana Park! Coed divisions are as follows: Colt Division is Grades 1 & 2; Stampeders Division is Grades 3 & 4; Hilltop Division is Grades 5 & 6; Huskie Division is Grades 7 & 8; and the Rider Division is Grades 9 & 10. The girls-only divisions are as follows: Girl's Hilltop Division is Grades 3-5; Girl's Huskie Division is Grades 6-8; and the Girl's Rider Division is Grades 9 & 10.

Athletes will play two games a week (Colts will play Mon and Sat; Stampeders/Girl Hilltops will play Tues and Sat; Hilltops will play Wed and Sat; Huskies/Girl Huskies will play Thurs and Sat). The first games start Wed Sept 7. The Jamboree will be on Sat Oct 15 and Sun Oct 16.

As football registrations have to be submitted on Sept 1, football (only) registration will be:

Monday, August 29 from 6:30-8:00 pm
Prince Philip library.

Cost is \$50 plus SNPCA membership (\$10). Please contact Terry Graham for further details (249-1465; tssjgraham@sasktel.net).

BASKETBALL

Basketball is a great way for kids to have fun with friends and stay active all winter. In SNPCA, we have great basketball coaches who help boys and girls in grades 3 to 8 to enjoy building skills, getting exercise and being part of a team. So, for fun, fitness and friends, play basketball!

In 2011-12, SNPCA will offer basketball for girls and boys in grades 3-8. Teams play in the Saskatoon Minor Basketball Association — Divisions: Spuds gr. 3&4, Mini's gr. 5&6, and Bantams gr.7&8. (Note: In gr. 1&2 the SMBA offers Dunkaroos – go to www.smbaregistration.ca or call Dave for information). If we have too few players in any age group to form a team, we will work with other communities to ensure that every child that registers for basketball has a team to play on.

SNPCA Basketball teams practice one evening per week with Saturday games from October to March. This commitment level allows players to develop skills while still taking part in other activities, like doing homework!

Basketball is affordable fun: Gr. 3/4 - \$80, Gr. 4/5 - \$115, Gr. 7/8 - \$130; Plus a refundable \$30 jersey deposit. The only equipment needed is a pair of shorts and a good pair of indoor basketball runners. All games are in Saskatoon so no travel fees or fundraising required.

It's an excellent team sport experience, so, for run & gun fun, join basketball!

Dave Derksen ~
SNPCA Basketball Coordinator
(665-3101; dave.derksen@sasktel.net)



Golden Rule Preschool

Located in Prince Philip School
1715 Drinkle Street

Programs Available:

Morning Preschool, Creative Care for

½ day Kindergarten and Before & After School Care

- Teacher with Early Childhood Education
- Preschool Program for 3 & 4 year olds
- 2 or 3 days per week option
- Bright, Clean, Well-Equipped Classroom
- Access to School Gym & Library
- Promotes Independence and Social Interaction
- Crafts, Stories & Activities in an Education Setting
- Non-Cooperative, Non-Denominational

For more information please contact Laura @ 477-5588
or email: goldenrulesaskatoon@shaw.ca.

**NOW ACCEPTING APPLICATIONS FOR
2011/2012 SCHOOL YEAR**

SNPCA EXECUTIVE COUNCIL

Elizabeth Ford President	665-1449	Dave Derksen Basketball Coordinator	665-3101
Leah Boyd Secretary	649-3372	Gerald Paul Softball Coordinator	955-8777
Yvonne Denomy Newsletter	373-7346	Aric Dodd Rink Coordinator	222-2544
Bruce McDonald Scott Tivy Website	955-9267 665-1449	Shelly Graham Prince Philip School Liaison	249-1465
Stacey Love Membership & Co-Treasurer	374-1737	Terry Graham Flag Football Coordinator	249-1465
Annette Wionzek Co-Treasurer	955-8777	Joelle McDonald Fundraising	955-9267
Marlys Derksen Indoor Coordinator	665-3101	Chalcey Scopick Social Coordinator	979-9990
Leanne McGettigan Soccer Coordinator	652-2150	Mark Planchot City of Saskatoon Community Consultant	975-3376



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Council Connection | Proposed Bylaw Changes

The SNPCA Council has proposed three bylaw changes that are obliged to be announced to the community prior to being ratified at our fall meetings. Should any member of the community association have questions or comments regarding these proposed bylaw changes, please feel contact the SNPCA President, Elizabeth, at 665-1449, or snpca.president@gmail.com

The proposed bylaw changes are:

- ~ SNPCA Council wishes to change the fiscal year to end July 31st
- ~ SNPCA Council wishes to add Website Coordinator to the list of Director Positions
- ~ All paid instructors of SNPCA programs must be current members of the SNPCA (to be eligible for insurance coverage)

PRINCE PHILIP SCHOOL THE "SMALL TOWN SCHOOL" WHERE CHILDREN COME FIRST!



At Prince Philip we are committed to providing a safe, positive learning environment for our students. Students are encouraged and supported to become 21st century critical and creative problem solvers through technology-integrated instruction.

We look forward to working with you and your family as we share many learning experiences together! Prince Philip has a new sensory inclusive playground that is a one of a kind play area to students and families of all ages and abilities.

Registration forms can be found on the website (www.saskatoonpublicschools.ca). Please feel free to drop by our school for a visit any day after August 15, 2011.

Beginner Intermediate Flow Yoga

École canadienne-française 2320 Louise Ave

Sept. 12th - Dec. 5th

Mondays 5:00 - 6:00 p.m.

or

Wednesday 7:30 - 8:30 p.m.

Check our Blogspot for an Introductory Yoga Class Aug. 24th & Sept. 10th

Led by Cindy Placatka & Dena Webb-Listwin

<http://lifewithcdyoga.blogspot.com>

